



A. Two particles with spin $\frac{1}{2}$
 $\ell_1 = 1 \quad S_1, S_2$

$$S_1^2 |S_1, m_1\rangle = S_1(S_1+1) |S_1, m_1\rangle$$

$$S_{1z} |S_1, m_1\rangle = m_1 |S_1, m_1\rangle$$

$$1 \leftrightarrow 2$$

$$|S_1 = \frac{1}{2}, m_1 = \frac{1}{2}\rangle$$

$$\begin{pmatrix} 1 \\ 0 \end{pmatrix}$$

$$|S_1 = \frac{1}{2}, m_1 = -\frac{1}{2}\rangle$$

$$\begin{pmatrix} 0 \\ 1 \end{pmatrix}$$

$$|\uparrow\rangle, |\downarrow\rangle$$

$$|S_1, m_1\rangle \otimes |S_2, m_2\rangle = |S_1, m_1, S_2, m_2\rangle$$

$$|\uparrow\uparrow\rangle = |\frac{1}{2}, \frac{1}{2}\rangle \otimes |\frac{1}{2}, \frac{1}{2}\rangle$$

$$|\uparrow\downarrow\rangle = |\frac{1}{2}, \frac{1}{2}\rangle \otimes |\frac{1}{2}, -\frac{1}{2}\rangle$$

$$|\downarrow\uparrow\rangle = |\frac{1}{2}, -\frac{1}{2}\rangle \otimes |\frac{1}{2}, \frac{1}{2}\rangle$$

$$|\downarrow\downarrow\rangle = |\frac{1}{2}, -\frac{1}{2}\rangle \otimes |\frac{1}{2}, -\frac{1}{2}\rangle$$

"product basis"

$$S = S_1 + S_2$$

$$[S_x, S_y] = iS_z$$

$$S^2 |S, m\rangle = S(S+1) |S, m\rangle$$

$$S_z |S, m\rangle = m |S, m\rangle$$

Eigenproblem for total spin $S = S_1 + S_2$

$$[S_1^2, S_z] = 0 = [S_2^2, S_z]$$

$$S_z = S_{z1} + S_{z2}$$

$$S_z |\uparrow\uparrow\rangle = (S_{z1} + S_{z2}) |\uparrow\uparrow\rangle = (m_1 + m_2) |\uparrow\uparrow\rangle = m |\uparrow\uparrow\rangle \quad m = 1$$

$$S_z |\uparrow\downarrow\rangle = 0$$

$$S_z |\downarrow\uparrow\rangle = 0$$

$$S_z |\downarrow\downarrow\rangle = -m |\downarrow\downarrow\rangle = -1 |\downarrow\downarrow\rangle$$

$$S_z, ij = \langle i | S_z | j \rangle$$

$$|4\rangle = \sum_j c_j |j\rangle$$

$$S_z = \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix}$$

$$\lambda_1 = 1$$

$$\lambda_2 = 0 \quad \lambda_3 = 0$$

$$\lambda_4 = -1$$

$$v_1 = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}$$

$$v = L \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix} + P \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \end{pmatrix}$$

$$v_4 = \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}$$

$$|L|^2 + |P|^2 = 1$$

Eigenstates of S_z

$$|4\rangle = \sum_j v_j |j\rangle$$

$$|4_1\rangle = |\uparrow\uparrow\rangle$$

$$S^2 = (S_1 + S_2)(S_1 + S_2) = S_1^2 + S_2^2 + 2S_1 \cdot S_2$$

matrix representation in product basis

$$S^2 = \begin{pmatrix} 2 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 2 \end{pmatrix}$$

$$\lambda_1 = 2 \quad \lambda_2 = 2 \quad \lambda_3 = 2 \quad \lambda_4 = 0$$

8:42 $v_1 = \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix} \quad v_2 = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 1 \\ 1 \\ 0 \end{pmatrix} \quad v_3 = \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix} \quad v_4 = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 1 \\ -1 \\ 0 \end{pmatrix}$

$$| \psi_1 \rangle = | \uparrow \uparrow \rangle \quad | \psi_2 \rangle = \frac{1}{\sqrt{2}} (| \uparrow \downarrow \rangle + | \downarrow \uparrow \rangle) \quad | \psi_4 \rangle = \frac{1}{\sqrt{2}} (| \uparrow \downarrow \rangle - | \downarrow \uparrow \rangle)$$

$$| \psi_3 \rangle = | \downarrow \downarrow \rangle$$

$$S^2 | \psi_{1,2,3} \rangle = 2 | \psi_{1,2,3} \rangle$$

$$S(S+1)$$

$$S_z | \uparrow \uparrow \rangle = 1 \cdot | \uparrow \uparrow \rangle$$

$$S_z | \psi_2 \rangle = 0$$

$$S_z | \psi_3 \rangle = -1 | \downarrow \downarrow \rangle$$

$$S = 1$$

$$m = 1$$

$$m = 0$$

$$m = -1$$

$$S^2 | \psi_4 \rangle = 0 \Rightarrow$$

$$S_z | \psi_4 \rangle = 0$$

$$S = 0$$

$$m = 0$$

$$| \psi_1 \rangle = | S=1, m=1 \rangle$$

$$| \psi_2 \rangle = | S=1, m=0 \rangle$$

$$| \psi_3 \rangle = | S=1, m=-1 \rangle$$

$$| \psi_4 \rangle = | S=0, m=0 \rangle$$

triplet state

singlet state

in product basis: $S_1^2, S_2^2, S_{z1}, S_{z2}$

in total sym basis: S^2, S_z, S_1^2, S_2^2

$$H \sim \sigma_1 S_1 + \sigma_2 S_2$$

$$H \sim S_1 \cdot S_2$$

B) General case j_1, j_2

$$J = J_1 + J_2$$

$$J_z = J_{z1} + J_{z2}$$

$$J_1^2 |j_1, m_1\rangle$$

$$J_{z1} |j_1, m_1\rangle$$

$$1 \leftrightarrow 2$$

"product basis"

$$|j_1, m_1\rangle \otimes |j_2, m_2\rangle = |j_1 m_1, j_2 m_2\rangle$$

$$J_z |j_1, m_1\rangle \otimes |j_2, m_2\rangle = \underbrace{(m_1 + m_2)}_m |j_1, m_1\rangle \otimes |j_2, m_2\rangle$$

$$m = j_1 + j_2 - 2$$

$$m_1 = j_1 \quad m_2 = j_2 - 2$$

$$m_1 = j_1 - 1 \quad m_2 = j_2 - 1$$

$$m_1 = j_1 - 2 \quad m_2 = j_2$$

$$J^2 |j, m\rangle = j(j+1) |j, m\rangle$$

$$J_z |j, m\rangle = m |j, m\rangle$$

$$|j_1 - j_2| \leq j \leq j_1 + j_2$$

$$-j < m < +j$$

$$\begin{array}{c}
 \downarrow \\
 m \rightarrow j \\
 |j_1+j_2, j_1+j_2\rangle \\
 |j_1+j_2, j_1+j_2-1\rangle \quad |j_1+j_2-1, j_1+j_2-1\rangle \dots \\
 |j_1+j_2, j_1+j_2-2\rangle \quad |j_1+j_2-1, j_1+j_2-2\rangle \dots \\
 \vdots \qquad \qquad \qquad \vdots
 \end{array}$$

$$|j, m\rangle = |j_1+j_2, j_1+j_2\rangle = |j_1, m_1=j_1\rangle \otimes |j_2, m_2=j_2\rangle$$

$$J_- |j, m\rangle = \sqrt{2j} |j, m-1\rangle$$

$$\begin{aligned}
 J_- |j_1+j_2, j_1+j_2\rangle &= (J_{-1} + J_{-2}) |j_1, m_1=j_1\rangle \otimes |j_2, m_2=j_2\rangle \\
 &= \sqrt{2j_1} |j_1, m_1=j_1-1\rangle \otimes |j_2, m_2=j_2\rangle
 \end{aligned}$$

$$+ \sqrt{2j_2} |j_1, m_1=j_1\rangle \otimes |j_2, m_2=j_2-1\rangle$$

$$|j, m\rangle = \sum_{m_1, m_2} |j_1, m_1, j_2, m_2\rangle \underbrace{C_{j_1, m_1, j_2, m_2}^j}_{\text{Clebsch-Gordan}}$$

Clebsch-Gordan

$$|j, m\rangle = \sum_{\substack{m_1, m_2 \\ m_1+m_2=m}} C_{j_1, m_1, j_2, m_2}^j |j_1, m_1\rangle \otimes |j_2, m_2\rangle$$

$$j_1, j_2, m_1, m_2$$

C: $\vec{J} = \vec{L} + \vec{S}$
 $j = l \pm \frac{1}{2}$

j	$m_s = \frac{l}{2}$	$m = -\frac{l}{2}$
$l + \frac{1}{2}$	$\left(\frac{l + m + \frac{1}{2}}{2l + 1} \right)^{1/2}$	$\left(\frac{l - m + \frac{l}{2}}{2l + 1} \right)^{1/2}$
$l - \frac{1}{2}$	$-\left(\frac{l - m + \frac{1}{2}}{2l + 1} \right)^{1/2}$	$\left(\frac{l + m + \frac{1}{2}}{2l + 1} \right)^{1/2}$

$l = 2, s = \frac{1}{2}$

$j = 2 + \frac{1}{2} = \frac{5}{2}$

$j = 2 - \frac{1}{2} = \frac{3}{2}$

$-j < m < j$

$|j, m\rangle = \sum_{m_l, m_s} C_{l m_l, s m_s}^{j m} |l m_l\rangle \otimes |s m_s\rangle$
 $m_l + m_s = m$

$|\frac{5}{2}, \frac{3}{2}\rangle = \frac{2}{\sqrt{5}} |2, 1\rangle \otimes |\frac{1}{2}, \frac{1}{2}\rangle + \frac{1}{\sqrt{5}} |2, 2\rangle \otimes |\frac{1}{2}, -\frac{1}{2}\rangle$

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Book to read e.g.:

Ramamurti Shankar, "Quantum mechanics"